

Massage Intake Form

Personal Information

Name _____ Phone (day) _____ (evening) _____
 Address _____ City/State/Zip _____ DOB _____
 Occupation _____ Employer _____
 Email _____ Primary Physician _____
 Emergency Contact _____ Relationship _____ Phone _____
 How did you hear about us? _____

Medical Information

Are you taking any medications? ☐ yes ☐ no
 If yes, please list name and use: _____

 Are you currently pregnant? ☐ yes ☐ no
 If yes, how far along? _____
 Any high risk factors? _____
 Do you suffer from chronic pain? ☐ yes ☐ no
 If yes, please explain _____
 What makes it better? _____

 What makes it worse? _____

 Have you had any orthopedic injuries? ☐ yes ☐ no
 If yes, please list: _____
 Please indicate any of the following that apply to you.

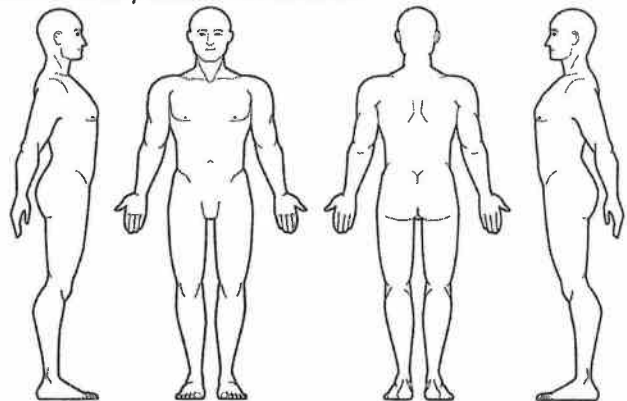
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|--|---|
| ☐ Cancer | ☐ Fibromyalgia |
| ☐ Headaches/Migraines | ☐ Stroke |
| ☐ Arthritis | ☐ Heart Attack |
| ☐ Diabetes | ☐ Kidney Dysfunction |
| ☐ Joint Replacement(s) | ☐ Blood Clots |
| ☐ High/Low Blood Pressure | ☐ Numbness |
| ☐ Neuropathy | ☐ Sprains or Strains |

Explain any conditions you have marked above:

Massage Information

Have you had a professional massage before? ☐ yes ☐ no
 What type of massage are you seeking?
☐ Relaxation ☐ Therapeutic/Deep Tissue
 Other _____
 What pressure do you prefer?
☐ Light ☐ Medium ☐ Deep
 Do you have any allergies or sensitivities? ☐ yes ☐ no
 Please explain _____
 Are there any areas (feet, face, abdomen, etc.) you do not want massaged? ☐ yes ☐ no
 Please explain _____
 What are your goals for this treatment session?

Please circle any areas of discomfort



*By signing below, you agree to the following.
 I have completed this form to the best of my ability and knowledge
 and agree to inform my therapist if any of the above information
 changes at any time.*

Client Signature _____ Date _____

Therapist Signature _____ Date _____